

Audio, Video, and Body Language Monitor

Introduction

- *Thank you, TMOD.*
- *Hi [everyone/fellow toastmasters], my name's _____, and*
- *I will be the Zoom Master and Audio, Video, and Body Language Monitor for today's meeting.*
- *The purpose of this role is to support the mechanics of the meeting and provide insights and recommendations regarding your projection in an online setting.*
- *This means, I'll be supporting with spotlighting, launching polls when they are called for, and I will be paying attention to your appearance on camera. This includes:*
 - *Posture*
 - *Eye Contact*
 - *Facial and hand gestures*
 - *Video and Audio quality, and*
 - *Camera positioning*
- *Buddies is an online club and thus, to ensure a successful delivery as public speakers, it's important to be mindful of how we portray ourselves through a lens.*
- *During the evaluation section of the meeting, I'll be reporting my observations.*
- *Back to you, TMOD.*